UCSF Medsounds Newsbreak

Weekly News for the UCSF Community VOL. 12, NO. 21 AUGUST 26, 1997

Chris T. Anderson

Longtime nurse practitioner J.B. Molaghan examines Dently Wagner who has been a patient of his for two years.

SFGH's Ward 86 to get needed face-lift from Giants game

By LESLIE LINGAAS

One of the first facilities in the nation designed specifically to care for patients with what was then a puzzling immune disorder, Ward 86 is today a clinical refuge for those living with HIV.

Part of the reason SF General has been rated nationwide as the best hospital for AIDS care, Ward 86 will get a welcome facelift as the sole beneficiary of funds raised from the San Francisco Giant's 4th Annual "Until There's A Cure Day" on Sunday, Aug. 31.

The hard-working team of health care professionals has logged an estimated 300,000 patient visits since the clinic opened in 1983.

The City had recorded its first cases of the mysterious illness in 1981, as increasing numbers of gay men were diagnosed with a constellation of obscure opportunistic infections and cancers that researchers gradually recognized represented an infectious disease. When Ward 86 opened, the disorder had only recently been given a name — acquired immune deficiency syndrome, or AIDS — and the cause of the disease, HIV, had not yet been identified.

The need for a dedicated clinic was increasingly apparent as the numbers of San Francisco AIDS patients rose. Space was available to house an AIDS clinic at SFGH on the sixth floor of building 80 (hence the "Ward 86" designation) and the State and City enjoyed budget surpluses to help fund the endeavor. The founding medical staff consisted of codirectors Paul Volberding, an oncologist, and the late Constance Wofsy, a specialist in infectious diseases, with oncologist Donald Abrams serving as assistant director. Two nurses and a clerk rounded out the staff.

The clinic provided about 300 AIDS and oncology appointments a month, most for the treatment of Kaposi's sarcoma or Pneumocystis carinii pneumonia (PCP). Its mission was simple. In keeping with all programs at the county hospital, the clinic cared for anyone with the disease, regardless of race, color, creed, gender, sexual orientation, country of origin or ability to pay.

The clinic and the inpatient unit that opened later that year at SFGH were the first formal components of what is now the internationally recognized UCSF AIDS Program, under the direction of Volberding. The many patients who have come through the clinic have provided clinical data that led to important advances in therapy. Many of the early treatments for AIDS, such as aerosolized pentamidine for PCP prophylaxis, AZT to delay the onset of AIDS, and the use of ganciclovir and foscarnet for CMV retinitis, were tested at the clinic as were treatment regimens with multiple antiretrovirals that have strikingly improved the health of many HIV-infected individuals in recent years.

From the early days, the Ward 86 staff and their inpatient counterparts were exceptional in their ability to work with people facing the frightening prospect of a painful, life-threatening illness about which so little was known and which prompted prejudice and fear still felt in many parts of the world. Indeed, one of the major contributions of the UCSF AIDS Program has been the development of a widely accepted model for effective and compassionate HIV care.

Today, under the medical direction of John Stansell, Ward 86, which also goes by the names of the PositiveHealth Clinic and the UCSF/SFGH AIDS Clinic, offers an array of clinical services by more than 75 medical care providers. About 3,000 patients are enrolled in the clinic.

The clinic's physical plant, however, has yet to equal the excellent reputation of the services it provides. The facilities are antiquated and designed to serve less than half the number of patients currently seen. Proceeds from the Giants event will support upgrading the facilities to ensure that they are more user-friendly. The renovations will allow easier patient flow with new signage, double doors and nurse stations; assure improved safety through security buzzers and corridor windows; increase lighting and color with new fixtures and floors; and expand storage with new cabinets and shelves.

UCSF employees wishing to buy Giants tickets to join the EMPACT group in the upper-reserved section at 3COM park, should call Claire Matthew at 330-2345.

Chancellor Debas details his "vision" for merger

In outlining his support for merging clinical services at UCSF and Stanford, Chancellor Haile Debas says the University's biggest concern is to "preserve for the people of Northern California the very best services that only academic medicine can provide."

Without the merger, he says, the long-term effect of Medicare cuts — a majority of which target payments to academic medical centers — could endanger UCSF's position as a leader in the healthcare marketplace.

Debas commented on the merger in a letter sent to UC President Richard Atkinson dated Aug. 8, just six weeks before Regents are expected to cast a final vote on the plan when they meet at Laurel Heights.

"I am urging that you keep in clear sight the exciting academic and clinical vision for the merger and the clear necessity for bold action to assure our survival in an uncertain and evolving future," Debas wrote.

The chancellor referred to substantial federal budget cuts. And while analysis continues over the impact of these cuts, it looks like UCSF will see an immediate loss of more than $5 million in Medicare payments for clinical services. By fiscal year 2001, the Medicare reduction will equal $13.5 million. These provisions will result in cuts in graduate medical education funding to UCSF of more than $53 million over five years. The impacts of cuts in Medicaid are not yet clear.

"We've been projecting these federal cuts for quite some time," says Bruce Schroffel, interim director of the UCSF Medical Center. "The loss of $53 million will have a significant impact on our budget."

Counteracting these funding reductions may have been a prime mover at early merger discussions, but the potential to improve and expand education, research and patient care through shared resources is what has kept both sides moving forward optimistically, UCSF officials say.

Partnerships between UCSF and Stanford in pediatric pulmonology, asthma, bone marrow transplant, cancer, women's health and many other clinical areas are already being developed. The goal is to organize patient care into "service lines," which are developed from the patients' point of view.

New collaborations between the respective medical schools are also under way, such as the creation of an Evidence-Based Center, which will be partially funded by the Department of Health and Human Services.

Lending support to the belief that academic medical centers provide services far better than their competitors, a study recently published in the Journal of the American Medical Association reported that patients stricken with major illness

(See **Debas** on page 4)

State budget gives UC $121 million over last year, salary hikes to come

Governor Pete Wilson signed into law on Aug. 18 a 1997-98 state budget that continues to provide state funding for UC to make progress on restoring faculty salaries to competitive levels, to expand outreach programs to further student diversity and to continue cooperative research with industry as a means of fueling the state's economic growth.

The $67 billion budget also provides University students with access to a quality education and freezes general student fees for the third consecutive year.

UC's $2.18 billion share of the budget assures for the near term the University's ability to continue to offer a place at a UC campus to all eligible California residents seeking admission and to offer the classes that students need to graduate in a timely fashion, says UC President Richard C. Atkinson.

"This budget is a victory for our students and their families," he says. "The state's commitment to an affordable, accessible and high-quality university education is vital to California's continued economic well-being."

The budget fulfills the third year of the governor's four-year compact with higher education to bring fiscal stability and predictability to UC and the California State University. However, as part of the state's effort to balance its budget, UC must absorb a one-time $12 million undesignated cut in its state operating funds.

Atkinson says he will present a plan for absorbing the cut to the UC Regents in September. Restoring the funding, he says, will be a top priority in developing UC's 1998-99 budget plan.

Even with the one-time cut, the state budget provides UC with a 5.9 percent, or $121.5 million increase in state general funds over last year.

Separate from the budget, the governor and the Legislature have adopted legislation that will make UC eligible for more federal funding to support the clinical training of medical students and residents. This new legislation makes the University eligible for federal funding based on the amount of costs that its five medical centers incur related to training future health care professionals, explains Eric Vermillion, director of budget and financial analysis at UCSF. "This means we will not have to subsidize our teaching programs as much as we currently do from other campus sources," he adds.

Last year, the UCSF Medical Center, excluding Langley Porter Psychiatric Institute, received $10.6 million in state clinical teaching support.

The state spending plan will also bring UC faculty salaries to within 1.6 percent of the average of salaries at eight comparison institutions. This is a high priori-

(See **Budget** on page 4)

Hopewell to serve as associate dean for SFGH

Philip C. Hopewell, professor of medicine, has been named associate dean for the UCSF School of Medicine at San Francisco General Hospital.

Hopewell has served as chief of the pulmonary and critical care medicine division at SFGH since 1989. He will step down from that role to serve as associate dean, beginning his new duties on Jan. 1, 1998.

Hopewell, 57, received his bachelor's and medical degrees from West Virginia University. He came to SFGH in 1965 as an intern and served his medical residency and a fellowship in pulmonary disease at UCSF.

With the exception of leaves of absence to serve as a tuberculosis consultant to the Ministry of Health in Nigeria and with the World Health Organization (WHO) Pan American Health Organization in Peru, Hopewell has been either a fellow or a member of the UCSF department of medicine faculty since 1971.

Widely regarded as one of the country's leading experts in the field of tuberculosis control and prevention, Hopewell was responsible for helping establish San Francisco's tuberculosis control program, which is considered to be one of the most successful in the US.

The San Francisco TB Control Program consistently has had 95 percent of its patients complete therapy within a year and, as a result, has had a low rate of drug-resistant TB compared to other urban areas in the US.

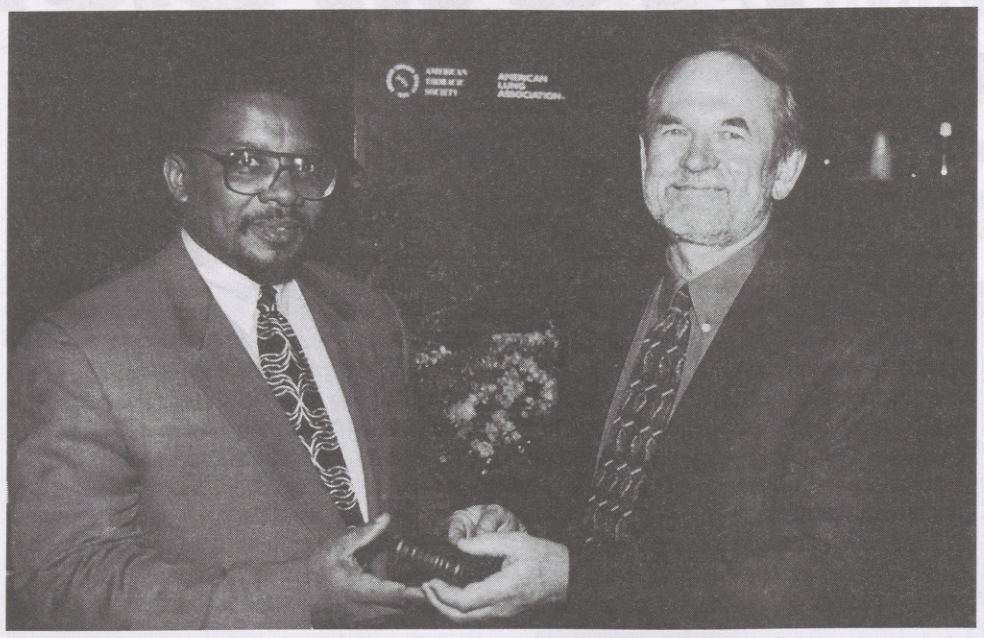
In addition to his teaching, research and patient care duties, in 1993 Hopewell became the director of the UCSF component of the Francis J. Curry National Tuberculosis Center in San Francisco. This is one of three centers funded by the federal Centers for Disease Control and is a joint program with the SF Department of Public Health.

"I am most pleased with how we have been able to blend a research program with the operation of a tuberculosis control program, while being able to maintain and enhance the high quality of tuberculosis control in the city," Hopewell says.

Hopewell's research interests, in addition to tuberculosis, have included developing a systematic approach to the diagnosis of lung disease in patients with HIV infection. Hopewell and his colleagues have been in the forefront in defining an approach to diagnosis of *pneumocystis carinii* pneumonia and in providing a model for treatment. SFGH was one of five centers in the US involved in the Pulmonary Complications of HIV Study, funded by the National Institutes of Health in 1988. Hopewell was the chairman of the study.

In his new position, Hopewell is looking forward to working with the city. "There is more opportunity now for UCSF to be involved in public health activities and I have worked in programs that are integrated between [UCSF and the city]. This interaction and approach works; it's a good way to get things done."

Hopewell's many achievements and honors include service as immediate past president of the American Thoracic Society. He is the 1997 recipient of the California Medal from the American Lung Association of California.



New chief of medical services Talmadge E. King Jr., left, and Philip C. Hopewell, incoming associate dean of the School of Medicine, have long been colleagues in pulmonary and critical care medicine, even sharing similar honors. Here Hopewell, outgoing president of the American Thoracic Society, passes the gavel to King, incoming president, at the 1997 annual meeting. Now the two pulmonary specialists can collaborate daily in their new appointments at San Francisco General Hospital.

King is SFGH's chief of medical services

An internationally recognized specialist in lung diseases, Talmadge E. King Jr. has been named chief of medical services at SFGH and vice chair of the UCSF department of medicine.

His appointment will be effective following formal approval by the UCSF Academic Senate and the SFGH Medical Staff Executive Committee. King, 49, previously served as the vice chairman for clinical affairs and professor of medicine in the department of medicine at the University of Colorado Health Sciences Center (UCHSC) and as a senior faculty member and executive vice president for clinical affairs at the National Jewish Medical and Research Center in Denver.

As chief of medical services at SFGH, King will oversee the largest academic department on the SFGH campus, including 115 UCSF specialists in internal medicine, infectious diseases, AIDS, pulmonary and critical care medicine, cardiology, hematology, oncology, occupational and environmental medicine, endocrinology, gastroenterology, rheumatology, and kidney and liver disease.

He will be responsible for guiding the teaching, research and patient care activities of all divisions within the department.

"Dr. King is a superb teacher, clinician and researcher who is absolutely committed to the ideals of UCSF and San Francisco General Hospital," said Lee Goldman, professor and chairman of the UCSF department of medicine.

In his new position, King plans to continue to see patients and conduct research in his specialty, interstitial lung disease. He has published extensively on the subject of idiopathic pulmonary fibrosis, which is a devastating form of degenerative lung disease that is frequently fatal.

King and Philip C. Hopewell, who was recently named UCSF associate dean at SFGH, are long-time colleagues in pulmonary medicine.

On accepting his new position, King said, "I came to UCSF and San Francisco General Hospital because I wanted a challenge and to serve in a leadership role. A major issue in health care today is providing for the underserved. I want to work with a population that needs help now and that will need even more help in the future. SFGH is ideal. The institution serves this community extremely well. The combination of UCSF and SFGH allows me to do research and to teach. We already have an outstanding program; it doesn't need to be built. My job will be to see it continue to grow and excel."

Sargent to take on two new roles

Peter Sargent, professor of oral biology, has been appointed chair of the division of oral biology and vice chair of the department of stomatology, John S. Greenspan, chair of the stomatology department, announced last week.

Sargent

Sargent, who holds a secondary appointment in the department of physiology of the School of Medicine, is a member of both the Oral Biology and the Neuroscience PhD programs. He was recruited to the faculty of UCSF in 1989 as associate professor, after three years on faculty at UC Riverside and seven at Stanford.

Sargent's research focuses on nicotinic receptors expressed by neurons and on the consequences of the diversity of these molecules in the nervous system. Researchers in his laboratory study these ion channels using a variety of approaches, including laser scannning confocal microscopy and whole-cell recodings.

Sargent is particularly known for his dedication to and skills in teaching. He is director of the neuroscience course given to first-year dental students — a course that he designed in his first few years on faculty. In 1993, he chaired a curricular review that resulted in substantial changes in the basic science curriculum and is now leading a major review of the School's predoctoral curriculum. He has been recognized for his outstanding contributions to teaching programs, both undergraduate and graduate — receiving the department of stomatology Outstanding Teacher of the Year Award in 1991, the Academic Senate Distinction in Teaching Award in 1994, and the First-Year Dental Class Excellence in Teaching Award in 1997. He is Chair of the School of Dentistry Basic Science Coordinating Committee and of the Curriculum Steering Committee.

He replaces Nina Agabian, who served as division chair for one year. Agabian is Professor in the division of oral biology, holds a secondary appointment in the department of pharmaceutical chemistry of the School of Pharmacy, and heads this department's program in molecular pathogenesis. Under her leadership, the Division underwent a thorough review of its administrative structure and began to make long-term plans for its improvement. She has asked to be allowed to concentrate on her many other responsibilities on campus and in her field.

In Memoriam

Diana Forsythe, associate adjunct professor in the medical anthropology program at UCSF, drowned Aug. 14 during a trip in Northern Alaska. She was 49.

The author of three books and nearly three dozen journal articles, book chapters and technical reports, Forsythe accidentally slipped while attempting to cross the Sadlerochit River.

Prior to her appointment at UCSF in 1995, Forsythe had been a Systems Development Foundation Fellow and a visiting scholar in the program in science, technology and society at Stanford University.

Forsythe worked at the boundaries of cultural anthropology, medicine, and artificial intelligence, contributing to these areas individually, as well as to the interdisciplinary area that has come to be known as medical informatics.

Her ethnographic work on software development in medical informatics revealed that cultural and disciplinary assumptions are routinely, albeit unintentionally, designed into such software, explained Linda Mitteness, chair of the medical anthropology program at UCSF.

"Her work applied ethnographic techniques to help improve the design process by grounding it in a better understanding of 'real world' information needs and practice contexts," Mitteness says.

Forsythe received her PhD in cultural anthropology and social demography from Cornell University in 1974 and was a postdoctoral student in artificial intelligence at Stanford University. She was a research associate professor in the department of computer science and the department of anthropology at the University of Pittsburgh.

She is survived by her husband, Bern Shen, assistant clinical professor of medicine at UCSF.

Mary E. Verdon, former assistant clinical professor in the department of family and community medicine, died recently. She was 40.

Verdon had been an active teacher and member of the UCSF medical staff from 1993 to 1996. At the time of her death she was assistant director of the Family Practice Residency Program at Hunterdon Medical Center in Flemington, NJ.

At UCSF, Verdon was assistant medical director of the Medical Group at Parnassus Heights, a busy clinician, and a popular teacher of medical students and residents. She had been nominated for an "excellence in small group instruction" award by her students and had authored six papers and a book chapter.

Described as a "friend to all who met her," Verdon was an avid kayaker and ocean swimmer.

She is survived by her husband, David Covell, a professor of dentistry at the University of Medicine and Dentistry of New Jersey. A memorial fund has been established in her name, care of the American Academy of Family Physicians, PO Box 8418, Kansas City, MO 64114.

Private Support

UCSF is pleased to acknowledge the following listing of gifts/pledges of $25,000 or more from individuals, corporations and foundations received August 3 - 9, 1997.

$100,000 - $499,999
Anonymous
Estate of Rebecca Weiss Maynard

$25,000 - $99,999
Anesthesia Research Foundation
Glaxo Wellcome Inc.
Hepatitis Foundation International
Insite Vision
Hillel Laks
Merck & Company Inc.
United Negro College Fund
Robert Satcher Jr.

UCSF Newsbreak

(ISSN0891-6063) Volume 12, Number 21, August 26–Sept. 1, 1997. Published by the University of California, 3333 California St., Suite 103, San Francisco, CA, 94143-0462, 29 issues per year – bi-weekly January through June and October, weekly July through September, monthly November and December. Periodical postage paid at San Francisco, CA. POSTMASTER: Send address changes to UCSF Newsbreak, Public Affairs, UCSF, Laurel Heights, 3333 California St., Suite 103, San Francisco, CA 94143-0462.
Deadline for the next issue, to cover September 2–8, 1997, will be on **Wednesday, August 27.** Please send news to Lisa Cisneros at 476-3256 (cisnero@itsa.ucsf.edu), features to Brad Foss at 476-3163 (bfoss@itsa.ucsf.edu), and calendar items to Nancy Heller at 476-8810 (nheller@itsa.ucsf.edu), all at Box 0462. Fax last-minute copy to 476-3541. For address and distribution changes, call C.J. Burleson at 476-6791.
The University of California is an affirmative action/equal opportunity employer. UCSF fully ascribes to the Americans with Disabilities Act. To view this communication in an alternate format, contact Cisneros at 476-3256 with your suggestions.
Editor: Lisa Cisneros
Contributors: Brad Foss, Nancy Heller and the UCSF News Services staff
Copy Editor: Daniel Rowe
Production Assistant: Jane Bennighof
Carol Fox, assistant vice chancellor, Public Affairs
Jeff Miller, director, Public Affairs
PRINTED WITH SOYBEAN INKS
This publication is printed on recycled paper using soybean-based inks.

Affirmative action supporters to rally Thursday

By LISA CISNEROS

As affirmative action stands on its last legs, protesters led by the Rev. Jesse Jackson will march against Proposition 209 across the Golden Gate Bridge on Thursday.

UCSF faculty and staff are expected to schedule time off to join the march, originally slated to commemorate the 34th anniversary of Martin Luther King's "I Have a Dream" speech. The event could have turned into a funeral march for affirmative action in California after a federal appeals court in San Francisco ruled last Thursday to let stand a decision to uphold Prop 209, making the measure effective the day of the march. But on Friday, the US Court of Appeals delayed for at least another week enforcement of Prop 209 and apponents filied an emergency petition for a stay to block enforcement of the initiative while they pursue their appeal to the US Supreme Court.

The march event will begin at 10 a.m. on the San Francisco end of the Golden Gate.

Michael Adams, director of the Affirmative Action/Equal Opportunity Office at UCSF, who is unable to march, was not suprised by last week's seesaw rulings. "I think the momentum is swaying to completely abolishing affirmative action, at least in offering preferences. But we have been preparing since the election to try to determine what is permissible under the law. And Prop 209 parallels the Regents' decision, which first prompted us to look at our policies."

Last week's court rulings set the stage for a final showdown in the nation's highest court. Already an estimated 23 states are considering reversing affirmative action programs. Adams says the high court should hear the case given the measure's impact in California and on campus.

"The greatest effect it's having is socially and psychologically and the feelings it's creating among some groups who still feel discriminated against.

"In a practical sense, however, I'm wondering how much difference it will make nationally because many companies have never really met their affirmative action goals anyway," Adams said.

Although rejected at the San Francisco polls, the controversial initiative passed by 54 percent of state voters last November. It bans affirmative action policies in state and local government employment, education and contracting.

The state measure was first blocked three weeks after it was passed by a US District Court judge in San Francisco, who ruled that the initiative violated the constitutional rights of women and minorities. But last April, a panel of the US Court of Appeals ruled unanimously that the measure is constitutional.

The initiative mirrors the policy passed by UC Regents in July 1995, which took effect with graduate school classes entering this fall and will apply to undergraduates next year.

The US Labor Department began an investigation on the impact of UC's policy on graduate admissions, the second federal inquiry into the University's policies. The review stems from a complaint filed in January by civil rights groups after minority enrollment plummeted at the University's three law schools.

For reasons that remain unclear, UCSF's own enrollment of underrepresented minorities fell for the second year in a row in the School of Medicine. The number of African Americans, Mexican Americans and Native Americans in the entering class fell from 41 in 1995 to 29 last year and to 26 this fall, according to Michael Drake, associate dean of the UCSF medical school.

Newsbreak file photo

Rev. Jesse Jackson speaks out against anti-affirmative action policies at UCSF's Laurel Heights.

But neither Prop 209 nor the Regents' ruling supersedes federal requirements. Indeed, UC is required to compare its minority and female workforce to those with requisite skills in the labor force. If there is underrepresentation of women and minorities, the University must set goals (not quotas) to correct the disparity and make good faith efforts toward achieving those goals. These factors can also be considered when planning a strategy for outreach activities to create a diverse pool of applicants, Adams said.

Researchers show early success zapping liver tumors with electrical energy

By DALE MARTIN

While therapy now available for advanced liver cancer is not particularly effective, partly due to late diagnosis, researchers at UCSF/Mount Zion are hopeful a new treatment under study will provide a better option for persons with liver cancer.

Primary liver cancer — perhaps the most common cancer worldwide — is relatively uncommon in the US. Nevertheless, liver cancer is a challenging problem as immigration patterns boost the rates at which this type of cancer occurs in this country.

Surgery is the standard therapy and remains the only way to cure liver cancer — if the entire tumor can be removed.

Liver cancer in the US

	NEW CASES	DEATHS
Male	10,800	8,400
Female	9,100	6,800
Total	19,900	15,200

Source: 1996 cancer estimates, American Cancer Society

In the UCSF/Mount Zion clinical study, headed by Allan Siperstein, assistant professor of surgery, researchers are investigating a novel method of delivering heat to attack liver tumors. The process involves using electrical energy, like that in conventional operating-room electrosurgical units, laparacopically to target tissues via a 15-gauge catheter that deploys four prongs to encompass and heat a sphere of tissue 3 to 4 centimeters in diameter. The zapped cells die within 15 minutes.

"The purpose of our initial study is to see whether we can ablate (eradicate) the tumor successfully and do it safely," Siperstein says.

Research has demonstrated that heat is an effective way to kill cells. As tissue temperatures rise above 113-degrees Fahrenheit (60 to 65 degrees Celsius), protein is permanently damaged and cell membranes fuse, causing cellular death.

Researchers, who use an instrument developed by RITA Medical Systems Inc. of Mountain View, have shown so far that the treatment is both safe and effective in providing local control of liver tumors in initial studies involving 16 patients. Now, researchers will examine whether the treatment can have an effect on long-term survival.

Boosting survival rates is critical because even when a patient is eligible for surgery, the majority experience a tumor recurrence that gives them only a 10 to 30 percent chance of surviving over five years, according to "Everybody's Guide to Cancer Therapy," a book authored and edited by UCSF and Mount Zion specialists.

While survival rates have yet to be studied in this clinical trial, Siperstein and his team maintain that the procedure may improve the quality of life for patients. Because the new procedure is done laparoscopically, patients have been able to go home the next day, Siperstein says. To date, there have been no complications of bleeding, significant pain or abscess formation.

Although the standard of surgical tumor excision is always the preferable method, 80 percent of liver tumors are not amenable to surgery at the time of diagnosis. Surgery depends on the relative health of the remaining underlying liver and on the presence of a clear zone between the tumor and the neighboring blood vessels in the patient.

Many other options, including chemotherapy and radiation have been tried, but few are beneficial to patients with liver cancer.

In recent years, surgeons have turned to cryosurgery, in which cells are frozen and thawed to reduce the tumor. While the technique is effective, the cryoprobes are big and result in a more invasive surgery.

More recently, pioneering surgeons in Italy began conducting studies applying heat via radiofrequency probes. Surgeons at UCSF/Mount Zion are among the first in the world to use the technique. Patients are currently being evaluated and enrolled in clinical trials.

The UCSF/Mount Zion surgical team conducting the study is comprised of physicians Siperstein, Kristen Engle, Stanley Rogers, Barbara Klencke, and registered nurse Tamara Ryan. Siperstein has demonstrated the technique and preliminary results at national meetings and expects to publish his findings in an upcoming issue of Surgery.

Physicians who have patients who might benefit from the treatment or patients who are interested may contact Ryan at 885-7816.

Putting joints in motion for a worthy cause

By BRAD FOSS

Four women from UCSF will fly this December to Honolulu, where they'll participate in a marathon to raise money for the Arthritis Foundation, which supports arthritis research and services.

Not one of them has ever entered a marathon before, but while they spend the summer and autumn months getting in shape, they're also trying to collect $2,500 apiece.

Katherine Reed, a psychotherapist at UCSF who suffers from mild arthritis in her ankles, fingers and back, says walking 26 miles to raise money for the disease will have "some personal appeal."

Training for the marathon is a great way to do something good for her own health and for the health of others, she says.

More than 40 million people nationwide suffer from arthritis, a disease with no known cure, but which can be managed with drugs and regular exercise.

"Consistency is probably the most important thing," says Su-ellen Mortland, a clinical nurse who works in the department of pediatric rheumatology educating families about the disease process and pain management. "If you don't use it, you lose it."

This isn't just hospital-speak for Mortland, a runner for 30 years who averages 20 miles per week. She's also been swimming regularly in Lake Temescal to "cross-train" for the event.

"I thought this fundraiser would be a good way to raise money, get in shape and bring attention to the disease," Mortland says.

As with all the UCSF volunteers participating in the event, Mortland says fundraising has, unfortunately, not been progressing as steadily as her training. "I don't have any sponsors yet," she says. "Twenty bucks would be great."

Karen Schanche, a UCSF psychotherapist who worked for several years in the department of pediatric rheumatology, says she is motivated to raise money for the disease because "I know what families go through and what I've gone through in my own life."

She, too, is arthritic.

But Schanche is no stranger to long walks in far-off places, nor physical and psychological challenges. A volunteer with the Great Bear Foundation, which monitors grizzly bears in Alaska, Schanche has done considerable backpacking in the wilderness, photographing and videotaping the bears at distances closer than many people would consider safe for watching television.

When she celebrated her 45th birthday earlier this year, Schanche says she decided to make a commitment to staying healthy.

The marathon, she adds, "is a great way to combine a lot of goals."

Brad Foss

From left, Karen Schanche, Melissa Elder, Katherine Reed and Su-ellen Mortland will complete a marathon to raise money for the Arthritis Foundation.

Airfare, hotel accommodations and individualized training is donated by the Arthritis Foundation to its "Joints in Motion" team members.

So far, 40 people from the Bay Area will participate in the hopes of raising a combined $100,000. Melissa Elder, a pediatric rheumatologist at UCSF, is also on the team.

"There is still time for people to sign up," says Colleen Fedick, area development director for the Arthritis Foundation.

The volunteers say they aren't too concerned with how long it takes to finish the marathon.

"It's Honolulu's version of the San Francisco Bay to Breakers," says Reed.

Indeed, the fact that they'll be at the starting line on Dec. 14 at 5 a.m. is all that really matters.

For information about how to become a sponsor, or a participant, call Fedick at 510/743-0816.

Aug. 26–Sept. 1, 1997

26 Tuesday

SUBJECT SEARCHING ON MEDLINE: The UCSF Library will offer this class, 10 a.m.-12 p.m., MAC classroom at S 165A. Call 476-2337.

27 Wednesday

T'AI CHI CH'UAN — YANG STYLE. This introductory class will increase strength, flexibility and balance, while helping you achieve an inner state of attentiveness and relaxation, 11 a.m-noon, MU Fitness Center. Call 476-1115.

BROWN BAG LECTURE: Daniel Pound, assistant clinical professor of family and community medicine and medical director of the Lakeside Senior Medical Center, presents *Prescription for Healthy Aging*. Learn practical pointers to stay fit and healthy, 12:10 p.m., N 225. Sponsored by Public Service Programs. Call 476-4394.

USING ENDNOTE (Macintosh): The UCSF Library will offer this class, 2-4 p.m, MAC classroom, S 165A. Call 476-2337.

28 Thursday

TAY-SACHS SCREENING FOR PREGNANT COUPLES: 9 a.m., UCSF Medical Center. Call 476-4080 for an appointment.

29 Friday

DEADLINE TO SIGN UP FOR "WEEK OF CARING": See upcoming event.

DRUG INFORMATION SOURCES: The UCSF Library will offer this class, 10 a.m.-12 p.m., MAC classroom, S 165A. Call 476-2337.

30 Saturday

COMMUNITY HEALTH EDUCATION SERIES: The Mount Zion Center on Aging will host a series on health education, 8:30 a.m.-12:30 p.m. Call 750-5342 to register and for locations.

31 Sunday

UNTIL THERE'S A CURE DAY: SF Giants. Come support and raise money to fight AIDS. Proceeds fund the UCSF AIDS Program at SFGH. $7.50 for upper reserved; $5.50 upper reserved child (14 and under) or senior (over 60), 1 p.m., 3Com Park. For a ticket order form, call EMPACT! at 476-2675 or check out the website at www.empact.ucsf.edu.

SEPTEMBER

1 Monday

LABOR DAY HOLIDAY

Investment Fund Performance

Total rates of return for the UC 403(b), DCP and comparative indices

Ending July 31, 1997

UC Fund/Index	1 Month	3 Month	12 Month	5 Year*	Year To Date
UC Savings Fund	**0.51%**	**1.52%**	**6.22%**	**6.72%**	**3.58%**
US T-Bill (1-Yr)	0.45	1.39	5.62	4.97	3.27
UC Money Market Fund	**0.47**	**1.40**	**5.58**	**4.77**	**3.20**
US T-Bill (30-Day)	0.43	1.30	5.25	4.38	3.03
UC ICCF Fund	**0.63**	**1.87**	**7.60**	**7.98**	**4.34**
UC Bond Fund	**8.11**	**13.96**	**29.06**	**12.76**	**14.00**
Lehman Bros. Gov't/Corp/Yankee	3.06	5.27	10.99	7.38	6.08
UC Equity Fund	**6.30**	**16.80**	**42.48**	**18.94**	**24.70**
S&P 500	7.94	19.68	52.12	20.63	30.14
UC Multi-Asset Fund	**4.14**	**9.34**	**22.48**	**11.77**	**12.86**

* Annualized rate of return reflects average over the past five years.

Unit values for variable funds as of July 31, 1997:

Equity	**$205.63**
Bond	**97.96**
Multi-Asset	**22.40**

Unit values are similar to mutual fund share prices and change monthly to reflect changes in the market value of the fund's underlying investments, inclusive of interest and dividend income. Past performance is neither a guarantee nor a predictor of future returns.

Source: Jerry Neal, UCSF Benefits and Financial Planning

UPCOMING EVENTS

Golf tourney to benefit SFGH's AIDS program

Until There's A Cure Foundation has teamed up with Coopers & Lybrand to sponsor a fundraiser for UCSF's AIDS Program at SFGH. On Friday, Sept. 12, the Presidio Golf Course and Golf Club will host a benefit golf tournament which includes lunch at 11 a.m., tee-off at 1 p.m. and a reception, silent auction and awards ceremony from 5:30 to 8 p.m. The fee is $225 per golfer or $800 per foursome. (Tickets for the reception only can be purchased for $25.) For more information, and to order tickets, please call 696-6360.

"Week of Caring" begins September 15

UCSF's "Week of Caring," an effort to improve the community through volunteer service, begins Monday, Sept. 15.

The deadline to register is Friday, Aug. 29. The first 500 to sign up will get a free T-shirt. Last year more than 500 UCSF employees and students participated in the week-long effort at numerous Bay Area locations. Projects this year include gardening in the AIDS Memorial Grove, serving meals to seniors and packaging food at the San Francisco Food Bank. Times and locations will be confirmed in the coming weeks. For more information, call event coordinator, Katherine Riordan of the UCSF Department of Public Affairs at 476-0729.

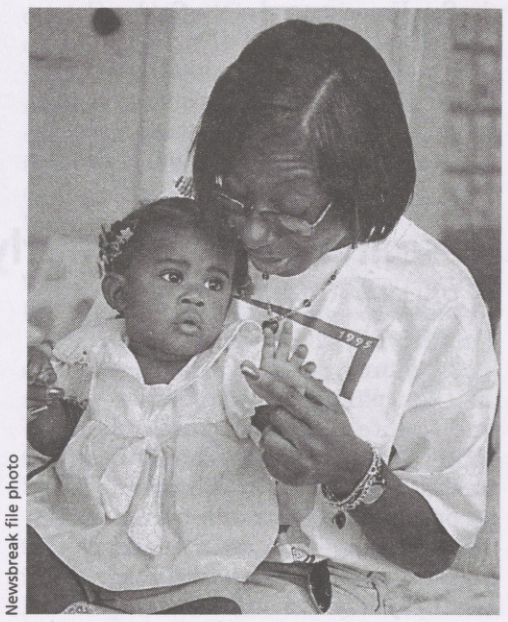
Passport fashion show

Macy's Passport '97 "Fusion" presented by American Express, is slated for Thursday and Friday, Sept. 18 and 19. The annual fashion extravaganza raises funds for AIDS research and patient services.

For tickets, call Macy's Union Square Box Office or Admissions Network USA at 1-800-678-5440. For more information, call the hotline at 393-3050 or 1-800-678-5440.

Blood platelet drive

The UCSF Blood Donor Center is sponsoring a blood platelet drive during the week of Sept. 21 to 27. Prescreened donations may be made on a walk-in basis weekdays from 8 a.m. to 7:45 p.m. and on the weekend from 9 a.m. to 4:30 p.m. at 505 Parnassus, L 131. Platelets, which help stop bleeding, are important for patients with cancer and leukemia, who depend on donations in order to survive. For an appointment call 476-6989.



Newsbreak file photo

Administrative analyst Annette Spears volunteered in 1995 at Florence Crittenton Services.

CAMPUS NOTES

Call for proposals for Pew Scholars Awards

The Office of Academic Services announces a call for proposals for the 1997-1998 Pew Scholars Awards.

UCSF has been invited to submit two nominations: one designated for use by a candidate involved in basic biomedical research, and one for a candidate whose research requires personal involvement directly with patients. Applicants whose laboratory research utilizes cellular and molecular genetic approaches to human disease are encouraged to apply.

The program is open to individuals with a doctorate in medicine, other health related professions or biomedical sciences. The awards provide $50,000 per year for four years.

The original and three complete copies must be submitted to Academic Services, Room S 115, Box 0400, no later than Tuesday, Sept. 30, 1997. For more information, call 476-1881 or 476-5742.

D&T to begin fall classes

Human Resources' Development & Training Division is beginning its regular fall curriculum in training for UC staff in mid-September.

These courses offer employees an opportunity to develop skills in personnel management, business processes, communication and career development.

Enrollment applications are now being accepted for all courses listed in the new "Development & Training Quarterly," which was mailed to all staff in July. Call 476-4032 for more information.

Budget (from page 1)

ty of the Regents, who plan to close the faculty salary gap by 1998-99.

The budget also provides funds to help staff recoup from the years of no salary increases. Overall the amount of funds available to give cost-of-living increases is 2 percent, according to Vermillion. This does not include the pool of funds earmarked for employees eligible for merit increases. That amount has not yet been set, although discussions continue to offer eligible employees a 3 to 4 percent merit-based pay hike, he says.

The state spending plan also includes a $4.5 million allocation to assist UCSF in furthering its Fresno medical education program. These funds will support continued development of the programs that are designed to ease the long-standing shortage of primary care physicians in the Central Valley by training them to practice culturally sensitive medicine. This is good news for UCSF/Fresno, which had not received any specific program improvement funding since it began operations in 1975.

The budget includes funding for a 1 percent growth in enrollment, or 1,500 additional students systemwide, and recognizes the increasing importance of instructional technology by building upon the approximately $55 million the University already spends annually on instructional technology.

Under the budget, mandatory student fees for California residents this fall will remain at $3,799 a year for the third consecutive year. The amount does not include miscellaneous campus fees, which bring the total average fee for resident undergraduate students to $4,166 a year. Fee increases in out-of-state tuition and in selected professional programs will be implemented as previously approved.

As part of UC's five-year plan to bring professional school fees in line with those charged at comparable universities, UCSF will hike fees by $1,000 for new students entering professional schools in 1997-98. UCSF students pay these professional school fees on top of other fees. Medical students admitted this fall will pay a total annual fee of $9,940, which includes the $1,000 hike over 1996. Entering non-resident medical students will pay twice as much or $18,924 per year in total fees.

The budget also calls for:

- An additional $1 million to expand student academic outreach efforts, another priority set by the Regents last fall. The University already makes a substantial investment in outreach programs, which are aimed at increasing the enrollment of high-achieving disadvantaged students. Of the extra money, $250,000 will be devoted to UC outreach efforts in the Central Valley.
- Making permanent the $5 million provided in state funding last year for UC's Industry University Cooperative Research Program to speed the transfer of research from the laboratory to the market place. Combined with $3 million in UC funding, the matching grant program is expected to generate $10 million from private industry. The program joins UC researchers and students with industrial partners to develop technological innovations that drive the state's economy, attract investment and provide jobs.
- Funding for legislative initiatives, including $5 million to expand academic programs and continue planning for a 10th campus in the Central Valley.
- The budget also provides $150 million for capital improvement projects on UC's nine campuses. The funding comes from Proposition 203, the higher education bond approved by voters in March 1996.

Debas (from page 1)

have a better chance of survival at academic medical centers than at community hospitals. The study, which involved some 90,000 patients at 30 hospitals in northeastern Ohio, also found patient stays to be shorter at teaching hospitals.

Debas said the merger represents a long-term strategy to ensure the survival of two institutions committed to the same goals.

The union of the UCSF Medical Center, Stanford Health Services and the Lucile Salter Packard Children's Hospital could result in "the best academic health center in the nation and the world," Debas wrote.